



## West Valley City Fitness and Recreation Center News

### Winter Itty Bitty Ball

For Boys and Girls Ages 4-6  
February 16 - March 23, 2013  
Saturdays starting at 10 a.m.

Members: \$40

Non-Members: \$42

Includes photo, t-shirt and award

**Registration due January 28, 2013**



### Winter Big Kids Ball

For Boys and Girls Ages 7-10  
February 12 - March 21, 2013  
Practices on Tuesdays; Games on  
Thursdays starting at 6 p.m.

Members: \$40

Non-Members: \$42

Includes photo, t-shirt and award

**Registration due January 28, 2013**

### TAE KWON DO

Ages 8 and older

A fitness program for the whole family with  
four black belt instructors!  
(Other forms of martial arts are taught)

Classes held on Tuesdays and Thursdays:  
New/Beginner Students - 7-7:45 p.m.  
Intermediate/Advanced Students - 7:45-  
8:30 p.m.

Fees: Members - \$30 per month;  
Non-members - \$40 per month

### Breakfast with Santa

December 8, 9 a.m.  
(Registration due December 3)

December 15, 9 a.m.  
(Registration due December 10)

Adults (12 and up): \$7  
Children (5 to 11): \$5  
Children (4 and under): \$3

Children and Youth must be accompanied by a  
paying adult

Each child will receive a photo with Santa and a  
gift bag. Additional photos are available for \$3.



### Christmas Tree Lighting & Walk with Santa

**Monday, December 3, 2012**  
Tree lighting is at 6 p.m. SHARP  
followed by a walk with Santa.

Other Festivities inside the Fitness Center  
following the walk include: Free visits with  
Santa (picture cost is \$3), Candy Cane  
Hunt, free kids crafts, free face painting,  
free cocoa and cookies.

### Busy Bee Preschool

Preschool program designed for children 3  
to 5 years old (must be potty trained).

Activities include: arts and crafts, number  
and letter recognition, music, dancing and  
story time, field trips and much more!

Sessions Offered: Choose either Monday &  
Wednesdays 9 a.m. to 11 a.m. OR Tuesdays  
& Thursdays 9 a.m. to 11 a.m.

**Registration due the 25th of the month  
prior to the month enrolling. \$45 for  
members, \$50 for non-members.**

**Registration is on a month-to-month  
basis. Class size limited, sign up early!**

### Host Your Next Birthday Party at the Family Fitness Center

**Who:** 10 kids & 2 Adults

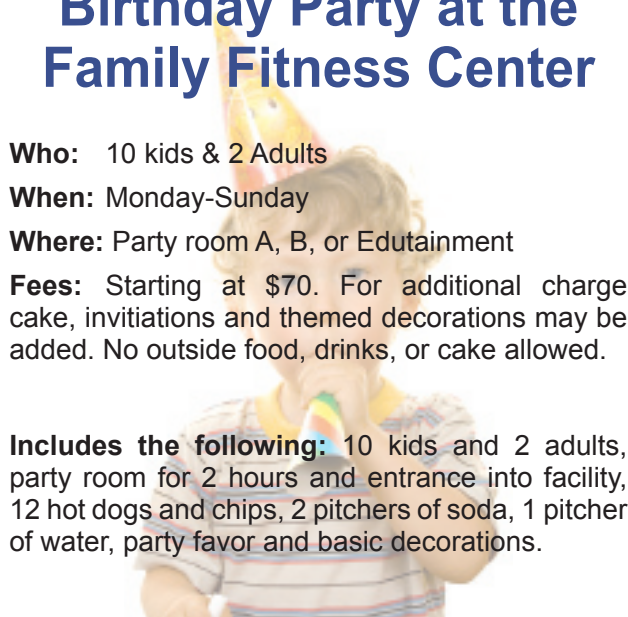
**When:** Monday-Sunday

**Where:** Party room A, B, or Edutainment

**Fees:** Starting at \$70. For additional charge  
cake, invitations and themed decorations may be  
added. No outside food, drinks, or cake allowed.

**Includes the following:** 10 kids and 2 adults,  
party room for 2 hours and entrance into facility,  
12 hot dogs and chips, 2 pitchers of soda, 1 pitcher  
of water, party favor and basic decorations.

**Reservations must be made one week in  
advance.**



### West Valley Dance *Sessions begin in January*

Choose from a variety of formats that  
include: Ballet, Jazz, Combo,  
Tumbling, Hip-hop and more.  
Beginning, Intermediate and  
Advanced Classes are offered

#### Fees:

Member: \$28 per month

Non-member: \$30 per month

Additional class: \$15 per month

Unlimited Classes: \$65 per month  
A one-time yearly registration fee of  
\$10 is required.

For additional information about regis-  
tration or dance classes please call the  
dance hotline at 801-955-4030



5415 West 3100 South, West Valley City, UT 84120 (801) 955-4000 [www.wvc-ut.gov/fitnesscenter](http://www.wvc-ut.gov/fitnesscenter)  
Facility Hours: M-F 5 a.m. - 10 p.m. Saturday 6:30 a.m. - 9 p.m. Sunday 10:30 a.m. - 5 p.m.  
Lap Swim: M-F 5 a.m. - 9 p.m. Saturday 6:30 a.m. - 8 p.m. Sunday 11:30 a.m. - 5 p.m.  
Open Plunge: M-F 11:30 a.m. - 9 p.m. (slide opens at 5 p.m.) Saturday 11:30 a.m. - 8 p.m. Sunday 1 p.m. - 4 p.m.

